



Dallas Baptist University

RecLife Co-ed Soccer Rules

1. Teams will consist of 7 players which includes a goalie.
2. Teams must have at least 2 girls on the field at all times.
3. Teams may play with 5 players (with 1 girl) if 7 players do not show up for the game. All Players must be a DBU student, faculty, or staff if not your team will be forced to forfeit the game, or season.
4. On any dead ball teams may make substitutions providing that the team has notified the scoring official.
5. Games will consist of two 20 minute halves.
6. Absolutely no slide tackling is allowed. On a players first attempt to slide tackle a penalty will be called and a warning will be given. If a player attempts a second slide tackle then a penalty shot will be given and the player will be ejected for the rest of the game.
7. Absolutely no metal cleats are allowed at any time.
8. Stats will be kept for goals and assists.
9. Offsides will only be called if a player makes no attempt to play on his/her teams' defensive end.
10. The ball will be kicked off at midfield after a goal.
11. The top 6 teams will make the playoffs. The top two teams will get a first round bye.

