

**Desiree L. Stephens, Ph.D., LPC-S, NCC, TLHT LMHC**  
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(469) 667-2681

**Education:**

Doctor of Philosophy in Counselor Education (2020)  
Texas A&M University – Commerce, Texas

Master of Science in Community Counseling (2015)  
Texas A&M University – Commerce, Texas

Bachelor of Arts in Psychology (2013)  
Texas A&M University – Commerce, Texas

**Professional License Certifications:**

Licensed Professional Counselor-Supervisor (LPC-S), State of Texas, License No. 76520

National Certified Counselor (NCC), License No. 813839

TLHT Licensed Mental Health Counselor (LMHC), State of Florida, License No. 1894

Certified Child-Centered Play Therapist, Certification No. A-1076

Licensed Professional Counselor (LPC), State of Colorado, License No. 0021962

**Professional Experience:**

Owner and Lead Therapist, The Desired Journey, 2018 – Present.

Licensed Professional Counselor, New Perspective Counseling Services, 2018 – 2023.

Adult, Adolescent, and Child Counseling, Hope's Door New Beginning Center, 2016 - 2018. Director of Residential Services, Shelter Case Manager, Crisis Advocate

Lead Therapist, ABA of North Texas, 2013 - 2014.

Adjunct Professor, East Texas A&M University, Fall 2024-2025

Ad-Interim Assistant Professor, Adjunct Professor, Texas A&M University – Commerce, 2022-2024

Applied Cognition Lab Coordinator, Graduate Research Assistant, and Undergraduate Research Assistant, Collin Higher Education Center, Applied Cognition Laboratory, 2012-2014.

### **Professional Affiliations**

The Texas Counseling Association

The Association for Play Therapy

### **Presentations:**

Stephens, D. Arriola, Crystal. (November, 2023). Understanding How Substance Use Impacts the Family System, TDLR Presentation, Texas.

Khosravi, S., Stephens, D. (March, 2021) Game on! Ethical Ways to Make Counseling Appealing to “Gamers”, Law and Ethics in Counseling Conference, New Orleans, LA.

Khosravi, S., Kaszynski, E., Stephens, D. (March, 2021) Supervising Counselors in Training to Ethically Terminate with Clients, Law and Ethics in Counseling Conference, New Orleans, LA.

Stephens, D. (November, 2020) Addressing and Prompting Multicultural Awareness, Knowledge, and Skills in Counselor Education, Proposed to TCA Conference, Dallas.

Khosravi, S., Kaszynski, E., Stephens, D. (November, 2020) Supervising Counselors in Training to Ethically terminate with Clients, Proposed to TCA Conference, Dallas.

Khosravi, S., Kaszynski, E., Stephens, D. (October, 2020) Supervising Counselors in Training to Ethically terminate with Clients, Proposed to SACES Conference, Maryland

Khosravi, S., Stephens, D., Pounce, E., Kaszynski, E. (November 15, 2018). Ways to Talk and Treat Trauma in Children. Texas Counseling Association Professional Growth Conference, Dallas, TX.