

Psychopathology I

COUN-6312

21/FR Section Temporary 08/23/2021 to 12/16/2021 Modified 02/16/2023

Meeting Times

Contact Information

Course Description

This course involves a study of psychopathology to aid the student in understanding problems of definition and classification of abnormal human behavior; development of skill in making diagnoses; a working knowledge of the diagnostic categories in the DSM-5; an understanding of the varying philosophies relative to diagnosis and treatment of abnormal behavior, and a review of psychopharmacology related to specific disorders. The student will gain an appreciation of the interaction of Christian belief systems with a view of normal and abnormal behavior. Terms Offered: Fall

Requisites

COUN 5310, 5312.

Learner-Centered Outcomes

Student Learning Outcomes: By the end of this course (COUN 6312) the student will be able to:

	Outcome and CACREP Standard(s)	Means of Assessment
1.	Demonstrate an understanding of the theories of and approaches to the classification of abnormal human behavior (II.F.3.h, II.F.5.b, V.C.2.b)	Exams
2.	Demonstrate the ability to assess for mental disorders, including use of intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessments, for use in treatment planning and case management (V.C.1.c, V.C.2.g, V.C.3.a)	Case Studies
3.	Develop relevant diagnoses utilizing DSM 5 and International Classification of Diseases (ICD-10) criteria, including differential diagnoses (V.C.2.d, V.C.2.e)	Case Studies
4.	Construct relevant treatment plans based on appropriate treatment techniques and interventions, including measurable outcomes for clients, referral for psychopharmacological medication, and identification of evidenced based practices (II.F.5.h, II.F.5.i, II.F.8.b, V.C.2.h, V.C.3.b)	Case Studies

5.	Evaluate the process of clinical mental health counseling from a biblical perspective	Class Discussions
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Materials

Abnormal Psychology

- Author: Hooley, et al.
- Publisher: Pearson
- Edition: 18th
- ISBN: 9780135212172
- Availability: Campus Bookstore

Diagnostic and Statistical Manual of Mental Disorders

- Author: American Psychiatric Association
- Publisher: APA
- Edition: 5th (DSM-5)
- ISBN: 9780890425558
- Availability: Campus Bookstore

Psychopharmacology for Mental Health Professionals

- Author: Ingersoll & Rak
- Publisher: Cengage Learning
- Edition: 2nd
- ISBN: 9781285845227
- Availability: Campus Bookstore

The Complete Adult Psychotherapy Treatment Planner

- Author: Jongsma
- Publisher: Wiley
- Edition: 5th
- ISBN: 9781118067864
- Availability: Campus Bookstore

Assignments

Course Outline:

Textbook readings: Students will read the chapters from the texts as assigned. This is essential for success in this class. Chapter quizzes will be given at the start of each class. The top 10 scores on chapter quizzes will be calculated to determine the grade for the chapter quizzes. Each quiz will be 20 points.

Exams: Three exams will be given during the semester. These exams will be online, and students will have 1 week to take each exam. Each exam will be 100 points.

Journal Articles: Students will research 10 scholarly journals for articles relevant to the topics discussed in this class. These article references will be posted in Blackboard for the class to use. A summary of the article should accompany the article reference. An outline for the journal article summaries is provided in Course Materials. Students should work to avoid duplicating article submissions- and articles will be accepted in the order they are posted (if your article has already been posted, choose another one). In Blackboard, each topic will be open for one week, from midnight on Sunday until 11:55 PM. on Saturday. **LATE POSTS WILL NOT BE ACCEPTED, AND THE STUDENT WILL RECEIVE A GRADE OF 0 IF THE POST IS LATE.**

Each journal post will be 20 points.

Movie Case Studies:

Each student will prepare a case study for three different movies. A list of movies will be provided in class, and the whole class will watch the same movies. View each movie and collect thorough information about the central character as indicated by the assessment form below. Look for manifesting significant signs and symptoms of psychopathology. At a scheduled time in class you will be divided into groups where you will compare your assessment forms and then develop a group assessment. Each group will present its case study. Please include in your assessment the following information:

Patent Name:

Age:

Sex:

Assessment Date:

Recommended Treatment: (Outpatient, Day Hospital, Inpatient)

Recommended Length of Treatment:

Current Medications:

I. Presenting Problem (chief emotional and behavioral complaint)

II. Medical Problems (as observed or as reported by the patient)

III. History and Duration of Presenting Problem (including significant signs and symptoms of psychopathology, emotional and behavioral stressors, past treatment, and previous episodes. Also include assessment of past and/or current use/abuse of drugs and/or alcohol, suicide risk, and description of support system)

IV. Past History and Social Assessment (including family of origin, environment, childhood, religion, financial status, peer group, military service)

V. Mental Status Examination and Testing (behavior and appearance, orientation, affect, thinking, mood, communication, intellectual functioning)

VI. Vocational, Nutritional, and Legal Assessment (education, employment, eating disorder, etc.)

VII. Diagnostic Impression—DSM-5 Disorders, v-codes, and Assessments

VIII. Treatment Plan- see handout for treatment plan format

Each case study will be 100 points.

Requirements for Credit

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Institutional Policies

Requirements for Undergraduate and Graduate Credit

When a 5000-level Graduate course is cross-listed with a 4000-level Undergraduate course or a 7000-level course is cross-listed with a 6000-level course, the syllabus clearly defines specific graduate requirements which reflect appropriate deeper learning experiences and rigor in the higher-level course.

Attention Education Certification Students: Go to [dbu.edu/education/requirements](http://www.dbu.edu/education/requirements) (<http://www.dbu.edu/education/requirements>) for essential program requirements.

Attendance Policy

According to DBU academic policy, attendance in class is considered a necessary factor in the learning process. Therefore, students are expected to attend and participate in classes, and absences for all reasons must be kept to a minimum and should not exceed 25 percent of the total class time. Students are held responsible for all academic work required or performed during their absence regardless of the reasons for those absences. Students who register late are responsible for work missed. The policy concerning class attendance for individual courses, seminars, or other guided learning experiences will be determined by the faculty members in charge of such course, seminar, or learning experience.

NOTE: Students verified by the professor(s) as never attending, for each of the classes in which they are enrolled, will be subject to an automatic drop from these classes, which will result in the cancellation and return of any financial aid received.

GPA Scale

The GPA grading scale adopted by DBU for courses is:

A+ 4.00	A 4.00	A- 3.67
B+ 3.33	B 3.00	B- 2.67
C+ 2.33	C 2.00	C- 1.67
D+ 1.33	D 1.00	D- 0.67
F 0.00		

** No grades of D are awarded for graduate courses

Service-Learning

Service-learning is a teaching and learning strategy which integrates academic instruction, community service, and guided reflection from a Christ-centered, faith-based perspective in order to enhance student learning, to foster global civic responsibility, and to develop servant leaders. All courses play an important role in providing the student with an appropriate curricular foundation for service-learning. Designated service-learning courses incorporate a field-based component to provide the student with a curricular service-learning experience

Financial Aid

Students who are receiving federal, state, or institutional financial aid who withdraw or add hours during the semester may have their financial aid adjusted because of the withdraw or addition. This change in schedule may affect the aid they are receiving during the current semester, and could affect their eligibility for aid in future semesters.

Disabilities

The student has the responsibility of informing the **Dean of Students, at (214) 333-5340**, of any disabling condition for which the student will request course modifications and/or accommodation. Dallas Baptist University provides academic adjustments and auxiliary aid to individuals with disabilities, as defined under law, who are otherwise qualified to meet the institution's academic requirements. It is the student's choice and responsibility to initiate any request for accommodations. Required documentation must be provided before the university can make accommodations.

University Honor Code/Academic Appeal and Academic Misconduct Procedure

University Honor Code/Academic Appeal and Academic Misconduct Procedure:

The faculty member endorses the **University Honor Code** and abides by the **University's Academic Appeal and Academic Misconduct Procedure** as stated in the Student Handbook and the Schedule of Classes.

Cheating and/or plagiarism are not tolerated at Dallas Baptist University and may result in expulsion.

Final Course Grades

Official final course grades are available only online through Self-Service. The Registrar's Office will only mail grades to a student upon request. The Dallas Baptist University undergraduate and graduate catalogs state that "All accounts must be paid in full

before a student can...receive transcripts..." According to FERPA, faculty may not provide final grade information to students via telephone, email, posting or any other source which might compromise student confidentiality.

Children in Classes and Unaccompanied Children

Minors who are not DBU students are not permitted to attend class. Furthermore, minor children may not be unaccompanied on any property owned or operated by Dallas Baptist University. For their safety and welfare, unaccompanied children on any property owned or operated by Dallas Baptist University will be escorted to the Campus Security Office or other duly authorized location and the parents or guardians will be summoned to pick them up immediately.

Cell Phone and Electronic Device Policy

Electronic devices shall only be used for course specific work. The professor reserves the right to ban their use at any time. The policy concerning electronic devices for individual courses, seminars, or other guided learning experiences will be determined by the faculty members in charge of such course, seminar, or learning experience.

Electronic Communication Policy

The DBU campus e-mail system, or any other form of DBU electronic communication (i.e. Blackboard, class discussion, Collaborate) may not be utilized as an avenue to advertise the selling of goods or soliciting of donations from students, faculty, staff or members of the university community.

Graduating Students Grades

It is the responsibility of the student to notify the instructor if graduating this semester. Final exams for graduating students will be given earlier. Final grades for graduates are due in the Registrar's Office by noon on the Monday before Commencement ([see Academic Calendar \(https://www.dbu.edu/academics/calendar\)](https://www.dbu.edu/academics/calendar)). These grades are final. The instructor will not submit late grades for graduates nor change grades once they are submitted.

Unauthorized Recordings on Campus

Students are not permitted to make or attempt to make an audio or video recording of any academic class, lab, course discussion or other academic instructional meeting without the explicit permission of the professor. Recordings that receive approval from the professor or are designated accommodations for a documented disability are for personal use only and may not be uploaded to the internet or otherwise shared, transmitted, or published. Recording of class without permission is a violation of the Student Code of Conduct as listed in the Student Handbook.

Schedule

All courses taught in a classroom include at least one online session.

(May change during the semester)

Psychopathology 1 Schedule

Date	Topic	Reading	Assignment
Session 1	Introduction to the Course		
Session 2	Abnormal Psychology: Overview and Research Approaches	Hooley, Ch. 1	Chapter Quiz Research Article Review

Session 3	Historical and Contemporary Views of Abnormal Behavior	Hooley, Ch. 2	Chapter Quiz Research Article Review
Session 4	Introduction to the DSM 5	DSM 5, p. 5-24	Chapter Quiz Research Article Review
Session 5	Causal Factors in Psychopathology	Hooley, Ch. 3	Chapter Quiz Research Article Review Movie Case Study 1
Session 6	Assessment and Case Conceptualization	Hooley Ch. 4; Jungers and Scott, Ch. 4	Test #1 Chapter Quiz Research Article Review
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Session 7	Goal Setting and Treatment Planning	Jungers and Scott, Ch. 5; Jongsma, p. 1-9	Chapter Quiz Research Article Review
Session 8	Psychological Treatment	Hooley, Ch. 16	Chapter Quiz Research Article Review
Session 9	Introduction to Psychopharmacology	Ingersoll, Ch. 1	Chapter Quiz Research Article Review
Session 10	Introduction to the Nervous System, Neurons, and Pharmacodynamics	Ingersoll, Ch. 2	Chapter Quiz Movie Case Study 2 Research Article Review
Session 11	Pharmacokinetics: How the Body Acts on Psychotropic Medications	Ingersoll, Ch. 3	Test #2 Chapter Quiz Research Article Review

Session 12	Psychological, Social, and Cultural Issues in Psychopharmacology	Ingersoll, Ch. 4	Chapter Quiz
Session 13	Stress and Physical and Mental Health	Hooley, Ch. 5	Chapter Quiz
Session 14	Panic, Anxiety, Obsessions, and Their Disorders	Hooley, Ch. 6, DSM 5, P. 189-290	Chapter Quiz
Session 15	Panic, Anxiety, Obsessions, and Their Disorders Psychopharmacology	Ingersoll, Ch. 6	Chapter Quiz Movie Case Study 3
Session 16	Final Exam		