

Health and Safety Policy- Student Policy

PART I- Inherent Risk Disclosure

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is reported to be extremely contagious. The state of medical knowledge is evolving, but the virus is believed to spread from person-to-person contact and/or by contact with contaminated surfaces and objects, and even possibly in the air. People reportedly can be infected and show no symptoms and therefore spread the disease. The exact methods of spread and contraction are unknown. Evidence has shown that COVID-19 can cause serious and potentially life-threatening illness and even death. Dallas Baptist University cannot prevent you from becoming exposed to, contracting, or spreading COVID-19 while utilizing DBU's in-person services or premises. It is not possible to prevent against the presence of the disease. Therefore, if you choose to utilize DBU's services and/or enter onto DBU's premises you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Any individual who utilizes DBU's in-person services or enters its premises understands the risk of becoming exposed to or infected by COVID-19 and voluntarily agrees to assume all of the foregoing risks and accepts sole responsibility for any injury that may arise. Individuals agree to abide by DBU guidelines for health and safety articulated in this policy. Per DBU COVID Housing Policies, residential students are required to prepare a COVID Care Plan to identify the steps they will take to plan for their health, safety, and housing in the event they are required to quarantine or isolate from campus.

PART II- General Health Requirements

1. **Symptom Monitoring.** Before attending in-person, classes, activities, or events, students must self-screen for any of the following new or worsening symptoms of possible COVID-19. Check the CDC website for the most current information and utilize CDC's "self-checker" to help you make decisions and seek appropriate medical care (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>). If experiencing any symptoms listed below, DO NOT come to class or events.

- | | |
|--|---|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Chills |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Repeated shaking with chills |
| <input type="checkbox"/> Muscle pain | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Sore throat | <input type="checkbox"/> Loss of taste or smell |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Feeling feverish or measured temperature greater than or equal to 100.0 degrees Fahrenheit |
| <input type="checkbox"/> Known close contact with a person who is lab confirmed to have COVID-19 | |

2. **Abide by Safe Campus Guidelines.**
 - a. Practice social distancing and maintain distance between you and any individual when feasible.

- b. Wash your hands often with soap and water for at least 20 seconds. Wash and sanitize hands upon entering and exiting offices and rooms.
 - c. Avoid touching your eyes, nose, and mouth with unwashed hands.
 - d. Cover coughs and sneezes.
 - e. Clean and disinfect surfaces you touch. This includes tables, doorknobs, light switches, desks, phones, keyboards, etc.
3. **Required Fall 2021 Health Check and Acknowledgement of Risk.** All student, faculty, and staff must complete DBU's Spring 2022 Health Check and Acknowledgement of Risk form. DBU requires all faculty, staff, and students to complete this form one time at the start of the semester to use DBU facilities during the Spring semester.

PART III- Reporting, Quarantining, Isolating, and Contact Tracing Requirements

1. **Report COVID-19 Exposure** (<https://www.dbu.edu/coronavirus/symptoms-reporting.html>). Students residing on campus or planning to enter campus must report if they fall into any of the below categories:
- (1) Student tested positive for COVID-19 or is waiting for results from a COVID-19 test;
 - (2) Student experienced flu-like symptoms or other symptoms consistent with COVID-19;
 - (3) Student is a close contact (within six feet of distance for a cumulative 15 minutes or more) with: (i) someone who has tested positive for COVID-19 while the positive case was symptomatic or (ii) someone who tests positive for COVID-19 within 48 hours prior to a positive test.

DBU will require students to provide written documentation establishing they had COVID-19 within the past 3 months or have received a COVID vaccine or booster.

Students experiencing COVID-19-like symptoms should also contact either their personal physician or DBU's Health Services Clinic at 214-333-5151.

Please do not arrive at the Health Services Clinic without calling first. DBU Health Services providers may need to take special measures to protect other people in the clinic. Due to the highly contagious nature of COVID-19, DBU Health Services personnel will consult with you over the phone or by video conference. If you need medical attention after normal business hours (8:00 a.m. - 5:00 p.m.), you may call the DBU Police line at 214-333-5555. The dispatcher will contact a DBU Student Affairs staff member who will do an initial consultation with you over the phone.

2. **Requirements for Isolation.** Students who test positive for COVID-19 must isolate and may only return to campus pursuant to the requirements in Section 5.

DBU requires residential students to isolate off-campus unless extenuating circumstances exist as determined by DBU's COVID Response Team.

Requirements for Quarantine. Students who have had close contact with individuals testing positive for COVID-19 must quarantine.

DBU may require close contacts of individuals experiencing symptoms consistent with COVID-19 (who have not yet tested positive) or with other potential exposure risks to quarantine if it is necessary for the health and safety of the campus community.

DBU requires students to quarantine according to the instructions provided by DBU's COVID Response Team.

3. Definition of Close Contact.

This document refers to "close contact" with an individual who is test-confirmed to have COVID-19. The definition of close contact is evolving with our understanding of COVID-19. Additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, and case symptomology may affect the close contact determination. Generally, a close contact will include the following scenarios:

- a. Student was within 6 feet of someone who has COVID-19 for a total of 15 minutes or more in one day;
 - b. Student provided care at home to someone who is sick with COVID-19;
 - c. Student had direct physical contact with the person (hugged or kissed them);
 - d. Student shared eating or drinking utensils;
 - e. Positive COVID individual sneezed, coughed, or somehow got respiratory droplets on student (to extent student is aware).
4. **Contact Tracing.** After receiving a report of a positive COVID-19 case, DBU will work with the individual that tested positive for COVID-19 and identify close contacts within the University community. Students must complete a COVID Reporting Form and/or Contact Tracing Form after reporting their positive test results. DBU will notify close contacts and will require them to quarantine. If a student is not directly contacted, it was determined he or she did not have close contact with anyone who has tested positive. The DBU COVID Response Team will make the final determination on if an individual is a close contact.
5. **Notification Procedures.** While DBU strives to protect the privacy of students, reports will be shared to the extent necessary to protect health and safety of the community and implement DBU's Health and Safety Policy. Members within DBU's COVID Response team receive various levels of access to information regarding student reports of COVID, depending on their need and role. Members of the DBU COVID Response team include representatives from:
- a. DBU's Health Services
 - b. Student Affairs
 - c. Provost Office
 - d. Human Resources
 - e. Facilities and Physical Operations
 - f. Information Technology
 - g. General Counsel's Office

Additionally, DBU's COVID Response may report COVID exposures to local health officials per Texas, city, or local laws.

6. **Return to Campus.** All students must receive clearance from a member on DBU's COVID Response team to return to campus and/or campus activities and may be required to complete the Dallas Baptist University Student Self-Attestation Form (Appendix A).

a. Student Tested Positive for COVID-19:

i. All Students Regardless of Vaccination Status:

1. Must isolate for 5 days (per CDC guidelines).
2. If student has no symptoms or student's symptoms are resolving after 5 days, DBU Response Team may permit return to campus and/or campus activities. However, if student has a fever, student must continue to stay home until the fever resolves. Ultimately, the COVID Response Team reserves the right to extend a quarantine period based upon an individual case.
3. Must wear a mask around others for 5 additional days after isolation period.

b. Student Has Symptoms But Did Not Get Tested:

- i. In the case of a student who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the student is assumed to have COVID-19, and the student may not return to work until the student has completed the same criteria listed above in Section (5)(a).

c. Student Quarantined (Direct Contact of Positive COVID-19 Case):

i. Vaccinated Students:

1. Vaccinated students that are asymptomatic are **not required to quarantine.**
2. CDC recommends that these individuals wear a mask around others for ten days and test on the fifth day, if possible.

ii. All Other Students:

1. Must quarantine for five days and continue to wear a mask around others for five additional days.
2. In accordance with CDC recommendations, students will be required to submit a negative COVID test on or after day 5 and may be clear to return to campus as early as day six.

- iii. If student develops symptoms, student must report, follow isolation procedures in this policy, and remain isolated until permitted to return by member of DBU COVID Response Team.

Appendix A- Dallas Baptist University Student Self-Attestation Form

If you have been quarantined or in isolation for any of these situations:

1. I had symptoms and was directed to isolate.
2. I had a positive COVID-19 test and have been sick.
3. I had a positive COVID-19 test but have been asymptomatic.
4. I was a direct and close contact of an individual that tested positive for COVID-19 and/or told to quarantine but have been asymptomatic.

I attest that I have been cleared to return to campus and/or campus activities by the COVID Response Team and agree to follow DBU’s Health and Safety Policy and any instructions I have received from DBU COVID Response Team.

Self-isolation, Quarantine, or Illness Begin Date	Self-isolation or Illness End Date

By signing this form, I certify that the information contained herein is true and accurate.

Name

Student ID

Signature

Date